

**\*\*\*RESCHEDULED\*\*\***

## **2020 APF/AAPF Illinois State Meet - Nov. 13-15, 2020**

- Meet Director:** Eric Stone - (630) 677-4358 - estone@2xlpowerlifting.com
- Events:** Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Place:** 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
- Lifting Sessions:** *Friday, Nov. 13 @ 6 p.m. - Bench / Deadlift only*  
*Saturday, Nov. 14 @ 9 a.m. - Male Open/SM/Master Powerlifting*  
*Sunday, Nov. 15 @ 9 a.m.- All Female Full Power, Male Teen/Jr Powerlifting*  
**\*\*\*MEET MAY BE SPLIT INTO SESSIONS AFTER THE DEADLINE TO ADHERE TO SOCIAL DISTANCING GUIDELINES\*\*\***
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation. Check <http://worldpowerliftingcongress.com/> for official rules.
- Eligibility:** Open to all APF/AAPF Members. Membership will need to be verified at weigh-ins, and can purchased / renewed on the APF/WPC website. **MEMBERSHIP CARDS WILL NOT BE SOLD ON-SITE.**
- Equipment:** Categories included: *Raw--Belt/wrist wraps only (no knee supports), Classic Raw--Belt, wrist wraps, knee wraps or sleeves, and Equipped Multi Ply*
- Weigh-ins:** *Friday Lifters - Thursday, Nov. 12: 6-8 p.m.; Fri, Nov. 13: 9-11 a.m.*  
*Saturday Lifters - Friday, Nov. 13: 9-11 a.m., 5-7 p.m.*  
*Sunday Lifters - Saturday, Nov. 14: 9-11 a.m., 3-5 p.m.*
- Qualifying:** Meet can be used to qualify for APF and/or AAPF Nationals. Illinois Residents can break Illinois State Records, and all lifters can break American Records.
- Entry Fee:** Entry fee is \$95 for Full Powerlifters or Bench + Deadlift lifters, and \$60 for Bench only / Deadlift only. Lifters wanting to enter multiple divisions will need to pay a \$50 crossover fee per additional division, and *may need to lift on both days* depending on the divisions entered. **NO REFUNDS.**
- Deadline/Cap:** The meet will be capped at 30 Bench / Deadlift only lifters, and 60 Full Powerlifters each for Saturday and Sunday. Entries must be received by **October 30, 2020**. No additional lifters will be accepted after the caps are met, *meet may fill up prior to the deadline.*
- Awards:** Custom Medals will be given to the first three places in all categories. Best Lifter Awards will be given in categories based on the content of the entries.

**2020 APF/AAPF Illinois State Meet Entry - Mail this page w/entry fee to:**

2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148

**Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC**

In consideration of the acceptance of this entry thereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF, WPC, 2XL Powerlifting LLC, Eric Stone, Howard Penrose, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the 2020 APF/AAPF Illinois State Meet. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. *I understand that a minimum of 10% of AAPF lifters will be subject to random drug testing.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Sex: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age : \_\_\_\_\_ Gym/Team: \_\_\_\_\_

Occupation / Interesting Facts: \_\_\_\_\_

**Circle Event(s):**

Powerlifting      Bench only      Deadlift only

**Circle Equipment:**

Raw      Classic Raw      Equipped

- Raw is belt & wrist wraps ONLY

- Classic Raw is belt, wrist wraps & knee wraps or sleeves

**Total Amount Enclosed**

Entry Fee:

- \$95 Full Power

- \$60 BP or DL

- \$95 for BP+DL

**Circle Weight Class:**

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL

Division Crossover: (\$50)

**Circle Sanction:**

APF      AAPF (drug tested)

Official Meet T-shirt

(\$15)

**Circle Division(s) Entered:**

Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39,

Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Size: \_\_\_\_\_

**Total:** \_\_\_\_\_

**For more entry forms, go to [APF-Illinois.com](http://APF-Illinois.com)**