

2020 APF/AAPF Illinois State Meet - March 21-22, 2020

@ The NEW 2XL Powerlifting - Lombard, IL

- Meet Director:** Eric Stone - (630) 677-4358 - estone@2xlpowerlifting.com
- Events:** Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Place:** The NEW 2XL Powerlifting - 1141 S. Main St. Lombard, IL 60148
- Lifting Sessions:** Lifting Sessions start 9:00 a.m. each day. Rules Clinic at 8:00 a.m. each day.
--> Days may be split into sessions based on entries after the deadline
Saturday, March 21 - Male Open/SM/Master Powerlifting, Bench/Deadlift only
Sunday, March 22 - All Female Full Power, Male Teen/Junior Full Power
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation. Check <http://worldpowerliftingcongress.com/> for official rules.
- Eligibility:** Open to all APF/AAPF Members. Membership will need to be verified at weigh-ins, and can purchased / renewed on the APF/WPC website. MEMBERSHIP CARDS WILL NOT BE SOLD ON-SITE.
- Equipment:** Categories included: *Raw*--Belt/wrist wraps only (no knee supports), *Classic Raw*--Belt, wrist wraps, knee wraps or sleeves, and *Equipped Multi Ply*
- Weigh-ins:** All weigh-ins will take place at 2XL Powerlifting
Saturday Lifters - Friday March 20: 9-11 a.m., 5-7 p.m.
Sunday Lifters - Saturday March 21: 9-11 a.m., 3-5 p.m.
All lifters must weigh-in the day *before* they compete--no morning of weigh-ins
- Qualifying:** Meet can be used to qualify for APF and/or AAPF Nationals. Illinois Residents can break Illinois State Records, and all lifters can break American Records.
- Entry Fee:** Entry fee is \$95 for Full Powerlifters or Bench + Deadlift lifters, and \$60 for Bench only / Deadlift only. Lifters wanting to enter multiple divisions will need to pay a \$50 crossover fee per additional division, and *may need to lift on both days* depending on the divisions entered.
- Deadline/Cap:** The meet will be capped at 50 Bench / Deadlift only lifters, and 100 Full Powerlifters each for Saturday and Sunday. Entries must be received by Sunday, March 1, 2020. No additional lifters will be accepted after the caps are met, *meet may fill up prior to the deadline.*
- Awards:** Custom Medals will be given to the first three places in all categories. Best Lifter Awards will be given in categories based on the content of the entries.

**2020 APF/AAPF Illinois State Meet Entry - Mail this page w/entry fee to:
 2XL Powerlifting - 20 Yorktown Convenience Center Lombard, IL 60148
 Make Checks/Money Orders Payable to: 2XL Powerlifting, LLC**

In consideration of the acceptance of this entry thereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF, WPC, 2XL Powerlifting LLC, Eric Stone, Howard Penrose, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the 2020 APF/AAPF Illinois State Meet. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. *I understand that a minimum of 10% of AAPF lifters will be subject to random drug testing.*

Signature: _____ Date: _____

Parent/Guardian (if under 18): _____ Date: _____

Print Name: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone: (_____) _____

Email: _____ Sex: _____

Date of Birth: _____ Age : _____ Gym/Team: _____

Occupation / Interesting Facts: _____

Circle Event(s):

Powerlifting Bench only Deadlift only

Circle Equipment:

Raw Classic Raw Equipped

- Raw is belt & wrist wraps ONLY
 - Classic Raw is belt, wrist wraps & knee wraps or sleeves

Total Amount Enclosed

Entry Fee:
 - \$95 Full Power
 - \$60 BP or DL
 - \$95 for BP+DL

Circle Weight Class:

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
 Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL

Division Crossover: (\$50)

Circle Sanction:

APF AAPF (drug tested)

Official Meet T-shirt
(\$15)

Circle Division(s) Entered:

Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39,
 Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Size: _____

Total: _____

For more entry forms, go to APF-Illinois.com